



Healthy Liver & Bowel Book

Sandra Cabot M.D.

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Outlining life-saving strategies for those with varied health problems-including liver disease, bowel problems, and excess weight- this well-researched guide promotes optimal health in both preventing and dealing with abdominal illnesses. Providing effective solutions for liver disease, hepatitis, fatty liver, cirrhosis, gallbladder disease, high cholesterol, irritable bowel syndrome, and constipation, this important resource imparts advice guaranteed to reduce the risk of liver and bowel cancer.

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