



Traumatic Incident Reduction: Research and Results

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"When accessed with the specific cognitive imagery procedure of TIR, a primary traumatic incident can be stripped of its emotional charge permitting its embedded cognitive components to be revealed and restructured. With its emotional impact depleted and its irrational ideation revised, the memory of a traumatic incident becomes innocuous and thereafter remains permanently incapable of restimulation and intrusion into present time." --Robert H. Moore, Ph.D.

Traumatic Incident Reduction: Research & Results provides synopses of several TIR research projects from 1994 to 2004. Each article, in the researcher's own words, provides new insights into the effectiveness of Traumatic Incident Reduction. The three doctoral dissertation level studies that form the core of this book investigate the results of TIR outcomes with crime victims, incarcerated females, and anxiety and panic disorders respectively (Bisbey, Valentine, and Coughlin).

Both informal and formal reports of the "Active Ingredient" study by Charles R. Figley and Joyce Carbonell of Florida State University show how TIR stacks up against other brief treatments for traumatic stress, including Eye Movement Desensitization and Reprocessing (EMDR) et al.

A further case study by Teresa Descilo, MSW informs of outcomes from an ongoing project to provide help to at-risk middle-school students in an inner-city setting.

An introduction by Robert H. Moore, Ph.D. provides background into how TIR provides relief for symptoms of Post-Traumatic Stress Disorder (PTSD) and firmly establishes the roots of TIR in the traditions of desensitization, imaginal flooding, and Rogerian techniques.

This book contains the most detailed list of Traumatic Incident Reduction and Metapsychology resources yet published. This appendix includes references to dissertations, books, selected journal articles, AMI/TIRA newsletter compendium, web resources, and the TIR and Metapsychology lecture series (audio). Includes index.

"We are very impressed with the power and simplicity of TIR in helping trauma sufferers work through their frightening experiences and find great relief."

- Charles R. Figley, Ph.D., editor of TRAUMATOLOGY

"Being able to watch someone go from confusion to certainty, from sadness to happiness in a single session is a wonderful privilege. It is invigorating. I get the same satisfaction and joy from teaching Metapsychology techniques to others."

- Lori Beth Bisbey, Ph.D., Chartered Counselling Psychologist

"TIR does not require years of collegiate study to pre-qualify the provision of assistance to others. The efficacy of TIR is not contingent on the unique talents of a particular facilitator. The procedure is standardized and does not require continuous adjustments."

- Wendy Coughlin, Ph.D.

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Shawn Holmes:

The guide untitled Traumatic Incident Reduction: Research and Results is the guide that recommended to you to see. You can see the quality of the guide content that will be shown to an individual. The language that creator use to explained their ideas are easily to understand. The article author was did a lot of study when write the book, hence the information that they share for you is absolutely accurate. You also could get the e-book of Traumatic Incident Reduction: Research and Results from the publisher to make you more enjoy free time.

Maurice Miller:

Precisely why? Because this Traumatic Incident Reduction: Research and Results is an unordinary book that the inside of the guide waiting for you to snap it but latter it will surprise you with the secret this inside. Reading this book adjacent to it was fantastic author who also write the book in such wonderful way makes the content interior easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you for not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of rewards than the other book include such as help improving your skill and your critical thinking technique. So , still want to postpone having that book? If I ended up you I will go to the reserve store hurriedly.

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