



Osteoporosis: An Evidence-Based Guide to Prevention and Management

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Until recently considered an inevitable part of aging, osteoporosis is typically diagnosed only after a serious complication such as a fracture. It is now possible, however, to diagnose high-risk patients beforehand. Easily performed noninvasive tests estimate bone mass, and patients at risk can be treated with new drugs whose efficacy for fracture reduction has been proven in clinical trials. *Osteoporosis: An Evidence-Based Guide to Prevention and Management*, the newest volume in the acclaimed ACP Women's Health series, addresses every important facet of this common disease. The latest scientific evidence and the extensive clinical experience of the authors provide essential information on the origins and progress of osteoporosis. Treatment options are thoroughly reviewed. The busy primary care physician will appreciate an entire selection of clinical cases. Commonly seen presentations are analyzed in depth with regard to risk, management, and therapy. Osteoporosis has been endorsed by the American Geriatrics Society and the American Society for Bone and Mineral Research. *Osteoporosis: An Evidence-Based Guide to Prevention and Management* is a part of the ACP Women's Health Series. Check out ACP's other available titles in the Women's Health Series: - Breast Health & Common Breast Problems - Coronary Artery Disease in Women - Menopause - Menstrual Disorders - The Pelvic Examination Teaching Module - Practical Gynecology - Violence Against Women

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