



# Crossing Arizona: A Solo Hike Through the Sky Islands and Deserts of the Arizona Trail

*Chris Townsend*

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# Crossing Arizona: A Solo Hike Through the Sky Islands and Deserts of the Arizona Trail

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**Crossing Arizona: A Solo Hike Through the Sky Islands and Deserts of the Arizona Trail** Chris Townsend

**The author's engaging account of his solo hike along the Arizona Trail from the Mexican border to Utah.**

*Crossing Arizona* takes us on an extraordinary journey across some of the harshest, most remote, and arguably most beautiful natural terrain in the Lower 48. Long-distance hiker Chris Townsend, inspired by the writings of Edward Abbey and Colin Fletcher, set out alone to explore the desert landscape that inspired them. The rough, still-evolving Arizona Trail he hiked runs 800 miles from desert floor, through grasslands, through mountain forests, all the way from the Mexican border to Utah. Along this distinctly American path, Townsend's uniquely British sensibility ensures an entertaining read. *Crossing Arizona* is both an account of Townsend's adventure, and a chance to experience a truly unique corner of the world. This ultimate Lower 48 adventure describes some of the most beautiful and remote wilderness in the states. 20 black and white photographs 1 map Index

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