



The Fussy Baby How to Bring Out the Best in Your High-Need Child (Growing Family)

William Sears, Martha Sears

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"Let him cry it out!"

"Are you feeding that baby again?"

"Don't you ever put her down?"

Parents of fussy babies hear these kinds of remarks all the time. In fact, they may even ask themselves these questions. Faced with a baby who demands to be held, nursed, and comforted much of the time, new mothers may begin to doubt their own intuition, even as they long for a few hours of uninterrupted sleep.

The first edition of *THE FUSSY BABY*, published in 1985, helped parents think about their demanding babies in a new light. These are children with high needs; children who are smart enough to ask for the high-quality caregiving that will help them develop their full potential.

In this revised edition, attachment-parenting experts William and Martha Sears bring new insight to the tried-and-true advice that has worked for so many families over the last two decades.

Respond to baby's needs and will build up your own sensitivity. Trust baby to tell you what he needs, and he will learn to trust himself and eventually grow to be confident and independent.

Look for new information on colic (the "hurting baby"), gastroesophageal reflux, and the challenges of breastfeeding a fussy a baby, along with updated references, reorganized chapters, and lots and lots of mothering tips.

THE FUSSY BABY has carried many families through times with a high-need infant. This new edition brings that tradition of sensitive, intuitive parenting to a new generation of caring mothers and fathers.

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