



The Essential Book of Traditional Chinese Medicine: Theory

Yanchi Liu, Fang Tingyu, Liu Yanchi, Kathleen Vian, Peter Eckman

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Volume 1: Theory first explores the history and philosophy of traditional Chinese medicine, addressing the concepts of integrity and balance. It then discusses in detail the seven theories of traditional Chinese medicine: yin-yang and the five elements; the zang-fu organs; the channel system; etiology; pathogenesis; methods of examination; and differentiation of symptom complexes (diagnosis), including such systems as the Eight Guiding Principles.

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