



# Cognitive Behavioral Therapy with Children: A Guide for the Community Practitioner

*Katharina Manassis*

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*Katharina Manassis*

**Cognitive Behavioral Therapy with Children: A Guide for the Community Practitioner** Katharina Manassis

This new edition of *Cognitive Behavioral Therapy with Children* links together the methods of cognitive behavioral therapy (CBT) practiced in academic centers as well as the community. This book addresses the challenges community practitioners face when pressured to use CBT with youth who live with mental health disorders, but whose circumstances differ from those in research settings. Practitioners will learn how to overcome therapeutic obstacles. This new edition contains an expanded discussion on cultural considerations relevant to assessment and treatment, as well as a new chapter on training others in CBT for children.

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