



Casserole and Mug Meals Cookbook Box Set (2 in 1): Quick and Healthy Recipes for Your Oven, Cast Iron Skillet or Microwave Meal (Quick and Easy Cookbook)

Jessica Meyers, Vanessa Riley

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Casserole Cookbook: Quick and Easy Low Budget Recipes for Your Oven, Dutch Oven or Cast Iron Skillet!

Have you ever wanted a delicious, home cooked meal but didn't want to spend hours preparing the ingredients and cooking? Of course you do! We all want to make simple, quick and delicious meals for our friends and family. With these simple casseroles, you can just dump the ingredients in a pan, give it a little stir and wait for dinner to be ready!

Written in easy-to-understand language, this book will explain how you can turn a few ingredients into a quick, tasty meal.

Inside you will learn:

- How you can use simple ingredients to cook delicious casseroles for the entire family.
- Easy-to-follow recipes for breakfast, lunch, and dinner.
- Step-by-step instructions for preparing beef, pork, chicken and fish, seafood, and vegetarian casseroles.

You can do it!

Learn the tips and strategies for cooking simple, inexpensive casseroles. Take expensive ingredients and learn to stretch them to serve a big family by preparing a casserole. Casseroles are easy to make and include everything you need for the meal. Preparation time is short and cleanup is limited to a Dutch oven or pot!

Download now! Start using these easy, quick recipes to create delicious meals with very little effort.

Mug Meals: Healthy, Quick and Easy Microwave Meal Recipes for You to Enjoy!

Have you ever heard of mug meals? They are actually the next big thing (or at least we think they should be) in dining. Eating by yourself? Why should you have to make a huge meal that takes time, money (those ingredients can be expensive) and provides you with leftovers for weeks? That's what mug meals are all about. They're cheap to make, easy to make and they're great at the same time. How does it work?

Well for now we'll just tell you that these meals are some of the easiest things you'll ever make in your life and they are also really good. All you're going to need is a few simple ingredients and a microwave.

In this book we'll talk about different types of mug meals. We'll explain what you need to make some of the best ones. Learn how to make these meals:

- Breakfast
- Lunch
- Dinner
- Snacks
- Dessert

You'll never get tired of these mug meals and they'll be available for you at any time, day or night.

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Jessica Harris:

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