



Case Studies in Sex Therapy

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The field of sex therapy has changed dramatically since Masters and Johnson were recommending brief, problem-centered treatments that tended to focus on the mechanics of sexuality. With simple cases of premature ejaculation or anorgasmia becoming increasingly rare, clinicians are now utilizing a sophisticated array of multidisciplinary approaches to treat a complex variety of challenging problems and patient populations. Bringing together, under one cover, case studies and clinical discussions by the very authorities whose work is changing the field, *Case Studies in Sex Therapy* provides a state-of-the-art guide to current clinical practice.

Presenting a comprehensive overview of treatment models, the case studies cover each of the major categories of sexual dysfunction. The first section focuses on cases of sexual desire disorders, a major area of sex therapy in recent years. Issues explored include desire disparity between partners, clinical interventions in marital and sex therapy, the interplay of low and excessive desire disorders in couples, biological aspects of inhibited sexual desire, treatment considerations with a homosexual couple, the application of integrative therapy for treating secondary low sex desire, and the many factors that may contribute to sexual avoidance. Illustrating the trend toward a richer, postmodern understanding of the instances and sources of adult sexual dysfunction, chapters also examine the interaction of therapy and politics as well as the effects of childhood sexual trauma or physical abuse on sexual desire later in adulthood.

Focusing on sexual performance problems, chapters in the next section demonstrate both the opportunities and the complex challenges posed to the clinician by the array of new medical, surgical, and pharmacological therapies. With an emphasis on the integration of medical and psychological approaches, these cases focus on the treatment of problems such as male erectile disorder and chronic genital pain. Reflecting the importance of social and cultural factors, the third section addresses the growing interest in the field in sexual addiction and compulsion. Case studies cover such contemporary and controversial issues as the treatment of a sexually addictive client and the treatment implications when a client has been sexually exploited by another therapist.

A major addition to the clinical literature, this indispensable resource will be of value to a wide range of mental health and medical professionals, including marriage and family therapists, psychologists, psychiatrists, social workers, family physicians, and psychiatric nurses. Bringing the issues to life with case studies that are sure to stimulate classroom discussion, the book also serves as a teaching text for advanced undergraduate and graduate students.

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