



# Simply EMPOWERED!: Discover How to CREATE and SUSTAIN Success in Every Area of Your Life

*Crystal Andrus*

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## **Simply EMPOWERED!: Discover How to CREATE and SUSTAIN Success in Every Area of Your Life** Crystal Andrus

We all want to feel empowered, strong, and inspired. We all want to experience abundance, joy, and love. Some of us achieve it (or at least part of it), and others endure one letdown after another. Yet very few of us can actually create a magnificent life and sustain it. It's almost as if we've been programmed to believe that what goes up must come down. Just as our lives are beginning to take shape, we're already gearing up for the inevitable fall . . . but we don't have to live in this mind-set. In this inspiring book, best-selling author Crystal Andrus reveals that you're not who you've been—you are the potential of who you will become. And you can become anyone you choose to be. You are the co-creator of your destiny! Whether or not you realize it, your actions (or lack of action) and reactions will either blow you out into the stormy seas of life or steer you toward the most wonderful adventures you could ever dream of. The choice is yours. Through powerful stories, detailed action steps, and challenging exercises, Crystal will help you navigate the rough waters you encounter on your journey, providing you with the tools you need to create and sustain the passionate, successful life you deserve. Tap into your inner wisdom and become simply . . . empowered!

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