



# **Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101)**

*Craig Donovan*

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**Struggling with Kidney Disease or kidney injury? If you need to understand and want to overcome your kidney problem, continue reading!**

**Today only, get this Amazon bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.**

This book will help you better understand kidney disease and see how you can deal with it. It has been written as a general overview outlining the main things you need to know about this subject. It's a short read and a great start for people who know little about the subject.

When the kidneys become damaged, waste products and fluid can build up in the body, causing swelling in your ankles, vomiting, weakness, poor sleep, and shortness of breath. If left untreated, diseased kidneys may eventually stop functioning completely. Loss of kidney function is a serious -- and potentially fatal -- condition.

Marathon runners and other athletes who don't drink enough fluids while competing in long-distance endurance events may suffer acute renal failure due to a sudden breakdown of muscle tissue.

Chronic kidney disease is particularly dangerous, because you may not have any symptoms until considerable, often irreparable, kidney damage has occurred. Diabetes (types 1 and 2) and high blood pressure are the most common causes of CKD.

This book will help you understand and deal with this problem if this is happening to you or to someone you know.

**After downloading this book, you will learn...**

- Chapter 1 - What is Chronic Kidney Disease?
- Chapter 2 - Causes and Symptoms of Chronic Kidney Disease
- Chapter 3 - Diagnosis
- Chapter 4 – Treatment and Prevention
- Chapter 5 - Diet
- Much, much more!

## **Read what other people have to say**

"Very effective and informative book to detect and prevention kidney disease. It has step-by-step solution to detect find out the right way of cure.

Thank you author that by reading this book I could detect my kidney problem and got some solutions. Thumps up!"

- Lore Campbell -

"this is my go to for basic, down-to-earth understanding. . I found this book and so far,it's the best one out there . I bought both the book itself and downloaded the ebook to carry around with me on my Fire. Give yourself a big, big benefit and read this book!"

- Vance Shuster -


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#### **Laura Burke:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their free time with their family, or their very own friends. Usually they doing activity like watching television, gonna beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Might be reading a book might be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the guide untitled Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) can be fine book to read. May be it is usually best activity to you.

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With this era which is the greater particular person or who has ability to do something more are more special than other. Do you want to become one among it? It is just simple approach to have that. What you have to do is just spending your time almost no but quite enough to enjoy a look at some books. One of the books in the top checklist in your reading list is usually Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101). This book that is certainly qualified as The Hungry Inclines can get you closer in growing to be precious person. By looking way up and review this publication you can get many advantages.

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