



# Treating Alcohol Problems (Wiley Treating Addictions series)

*Frederick Rotgers, Beth Davis*

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**Treating Alcohol Problems (Wiley Treating Addictions series)** Frederick Rotgers, Beth Davis  
**This handy guide provides a single source of evidence-based methods for assessing and treating alcohol problems**

Part of the Wiley Series on *Treating Addictions*, *Treating Alcohol Problems* offers the latest evidence-based guidance on effectively diagnosing and treating the full spectrum of problems related to drinking. Whether you are an addictions counselor, mental health professional, or physician, you can use this all-in-one guide as a stepping-stone to seek out and develop better treatment options for your clients.

Bringing treatment approaches into harmony with scientific findings, *Treating Alcohol Problems* summarizes methods proven to be successful. Written in a clear and accessible style, the text focuses on presenting the information most directly useful for helping clients. This handy guide is ideal for training and continuing education, as a refresher for seasoned professionals, and as a useful primer for all who come into contact with individuals suffering from alcohol abuse.

## **Coverage includes:**

- Conceptual foundations-defining alcohol problems
- Identifying alcohol problems
- Assessment and treatment planning
- Treatment tools, programs, and theories
- When and how clients should be discharged to aftercare
- Increasing recovery success
- Culture, coaching, and change-moving beyond alcohol problems
- Finding and getting the best out of professional resources

Supporting this expert coverage, the reader-friendly series format features quizzes, checklists, diagrams, "Research Frontier" boxes, problem-solving scenarios, "Dos and Don'ts" lists, "Test Yourself" questions, suggested resources, and more. These tools help you reinforce your understanding and integrate this knowledge into your practice. In addition, a thorough bibliography and appendix provide lists of contacts for self-help groups, residential and outpatient treatment programs, support groups, Web sites, and reading material.

*Treating Alcohol Problems* is an essential resource for mental health professionals, as well as an indispensable study guide for students in psychology and social services courses.

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**Harry Duffey:**

Treating Alcohol Problems (Wiley Treating Addictions series) can be one of your starter books that are good idea. We all recommend that straight away because this publication has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to place every word into delight arrangement in writing Treating Alcohol Problems (Wiley Treating Addictions series) although doesn't forget the main stage, giving the reader the hottest along with based confirm resource facts that maybe you can be one of it. This great information can certainly drawn you into brand-new stage of crucial contemplating.

**Linda Meier:**

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